



Conwy and Denbighshire Public Services Board: Well-being Delivery Plan 2018 - 2023



People – Supporting Good Mental Well-being for all ages

Delivery Plan – 2018 / 19

Priority	Year 1 Priorities (2018/19)	Impact
<p>People – Supporting Good Mental Well-being for all ages</p>	<ol style="list-style-type: none"> 1. Review the potential overlap with and find the opportunities for the Wellbeing Plan and national strategy “Together for Mental Health” to deliver together 2. Develop a framework based on the LITs and PSB membership that will keep the Wellbeing Priorities under review and deliver more than the sum of its parts 3. Embed the principles that: the action plan will not be about a Clinical Response, but will focus on communities and common understanding of what is required to support good mental wellbeing 4. Establish a PSB sub-group which will engage with practitioners, service providers and service users to help draft short, medium and long term of objectives within an action plan to deliver the priorities 5. Establish task and finish groups to take forward specific actions agreed by the sub group in the plan 	<p>Common understanding of the issues, opportunities and priorities</p> <p>Exploring ways of working to explore opportunities for the Wellbeing Plan and national strategy “Together for Mental Health” to deliver together developing objectives to deliver the priority</p> <p>Recognition that that the delivery plan is about much more than a clinical issue or clinical response and that wellbeing and resilience are about communities, ways of working and community assets</p> <p>Recognition that there are already a lot of good things going on that we can learn from and that Local Implementation Teams (LITs) and PSBs working together offer the potential to deliver something very powerful</p>

Specific actions in 2018/19 to support year 1 priorities:

1. Establish and Develop a PSB sub-group to lead this PSB Priority
2. Hold a workshop with practitioners, service users and providers to explore issues and objectives, and help identify the scope of a delivery plan based on the Conwy/Denbs Wellbeing Plan Objective
3. Produce a report from the workshop and take the findings back to PSB sub group to develop and agree “next steps” during 2018/19 and 19/20. Including
 - 3.1 Scoping and establishing a task and finish group on how to develop ways of working with communities
 - 3.2 Scoping and establishing a task and finish group on how best to work with and develop with community assets in relation to improving mental wellbeing
 - 3.3 Identify which aspects of working with people and working with community assets link to the Community Empowerment priority of the Wellbeing Plan.
 - 3.4 Map current services provided to improve mental wellbeing and analyse if there are gaps or overlaps
 - 3.5 Considering the potential to use LITS + others to steer or deliver the action plans
 - 3.6 Agree on a draft work plan that will help deliver the specific actions and outcomes
 - 3.7 Scope a second workshop to test the objectives and work plan

RAG action key

Action not progressing / areas of concern have been raised

Red

Action progressing and no concerns raised	Amber
Action complete	Green

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
1	a) Establish and Develop a PSB sub-group to lead this PSB Priority b) Hold a workshop with practitioners, service users and providers to explore issues and objectives, and help identify the scope of a delivery plan based on the Conwy/Denbs Wellbeing Plan Objective	Justin Hanson	n/a	Nov 19	Group set up, workshop held. Ways of working considered, innovative ideas explored, engagement within the sector undertaken Common understanding of the issues and some of the potential solutions	All, plus providers and users
Progress Update – December 2018						
Sub-Group met and agreed principles, ways of working and some potential solutions. Group agreed to engage on the priority within the sector to held scope the potential solutions. Draft report received and PSB sub-group to be set up in January 19						

Other evidence to demonstrate achievement – Sources of narratives / case studies

Notes from meeting, report from workshop

Risks to Manage:

Expectation from service users and providers following workshop that delivery will follow quickly

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
2	Produce a report from the workshop and take the findings back to PSB sub group to develop and agree “next steps” during 2018/19 and 19/20.	Sian Williams	n/a	April 2019	<ul style="list-style-type: none"> a) Identify which aspects of working with people and working with community assets link to the Community Empowerment priority of the Wellbeing Plan. b) Map current services provided to improve mental wellbeing and analyse if there are gaps or overlaps c) Considering the potential to use LITS + others to steer or deliver the action plans d) Agree on a draft work plan that will help deliver the specific actions and outcomes e) Scope a second workshop to test the objectives and work plan 	PSB Sub-Group
Progress Update – December 2018						
Draft report received. Sian Williams and Lesley Singleton to discuss this in relation to next steps and the PSB sub group meeting to be held January 2019						

Other evidence to demonstrate achievement – Sources of narratives / case studies

Draft Report

Meeting Notes including instructions to sub/ task and finish groups

Risks to Manage:

Expectation within the sector

	Achievement Measures <i>Describe what will you deliver in 2018/19?</i>	Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
<p>3</p>	<p>3.1 Establish a task and finish group to define the scope of working with people in relation to improving mental wellbeing. Tasks might include:</p> <p>3.2 Establish a task and finish group to define the scope of working with community assets in relation to improving mental wellbeing. Tasks might include:</p> <p>3.3 Use the information gathered from recommendations a), b) and 2b) to map current services</p>	<p>To be decided</p>	<p>report</p>	<p>April 2019</p>	<p>3.1a) How to apply Co-production principles between citizens and organisations in carrying out this work 3.1b) How services can support people in their journey of discovery of their own needs and which pathway/services are appropriate to them; and 3.1c) Properly identifying citizen or service user assets and needs in this process.</p> <p>3.2a) How to apply Co-production principles between citizens and organisations in carrying out this work; 3,2b) How to apply Asset Based Community Development principles in carrying out this work - and build on what was already happening in communities in the area; 3.2c) Include other partners in the task and finish group such as representatives from housing; 3,2d) Identifying good practice and some of the factors that might inhibit good practice; and</p>	

					- Scope the local development plans for information on community assets.	
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Progress Update – December 2018

This process needs to consider some of the following issues:

- Identifying good practice and understanding why? (as it wasn't possible to do that during the workshop);
- Identifying some of the factors that might inhibit good practice and understanding why? (as it wasn't possible to do that during the workshop);
- Mapping the individual experiences of the on-going services and activities (from initial referral to successful outcome).
- In mapping these services, the Public Service Board needs to ensure that service users aren't only offered what's available - rather than what individuals and communities need.
- This process needs to make sure it is clear which assets are being used and what needs are being met and the availability of any data that supports these outcomes.

Other evidence to demonstrate achievement – Sources of narratives / case studies

Not yet available

Risks to Manage: